



## Frequently Asked Questions

### **What are the tuition costs?**

The Tuition for the Prime of Life Yoga™ course is \$ 975.

### **What are the re-requisites for enrollment?**

This program is open to yoga teachers and interested students.

### **What is the deadline for enrolling?**

The recommended deadline for enrollment is 2 weeks prior to the start of the intensive part of the training.

### **What is the refund policy?**

When you sign up for a special program, you are committing to the specific refund policy of that training or program. Unless otherwise specified under the respective training our general policy is that you may cancel 30 days or more prior to the start date to receive a refund, minus your non-refundable, non-transferable deposit, or a \$30.00 administration fee and any associated bank/processing fee if no other deposit applies. Within 30 days of your scheduled event, we do not issue refunds. There are no refunds or credits for failure to attend or complete a program. \*

\*Separate agreement applies to participants that have signed up using a payment plan.

### **What is the requirement for certificate of completion?**

Completion of the online portion of the home study and full attendance of 4 days of class with a grade of B and above is a must for issuance of certificate of completion.

### **Is the certificate recognized by Yoga Alliance?**

Yes, if a student is YA RYT-200 certified, this workshop is considered as continued education credits for yoga teachers.

### **What are the job opportunities for graduates of the Yoga Therapy RX program?**

Certification does not guarantee employment nor is the Prime of Life Yoga a job placement program.

### **What is the advantage of taking this course?**

Students will be trained in techniques for teaching yoga to older populations whose needs differ from younger yoga students. By developing routines and behaviors that cultivate positive thinking and acceptance of the aging process, these students of yoga will gain a heightened sense of self-worth and peace of mind.

### **What is the online home study?**

The online home study portion is available from the moment you sign up to the beginning of the intensive part of the training. The home study contains 11 lessons with a quiz at the end of each lesson,



which the students have to complete. Online home study is to be completed prior to the intensive weekend.

**What is the location of the course?**

Princeton Center for Yoga & Health  
Orchard Hill Center  
88 Orchard Road  
Skillman, NJ 08558

Directions here <http://princetonyoga.com/directions/>

**What are the timings of the classes?**

Thursday, 12:00 to 5:30 pm (5 ½ h)  
Friday, 12:00 to 5:30 pm (5 ½ h)  
Saturday, 10:00 to 6:00 pm (8 h)  
Sunday, 9:30 am to 5:30 pm (8 h)

Lunch break will be approx. from 1:00 to 2:00 pm, please bring a lunch to enjoy in our lobby or on our patio. A small kitchenette with a full size refrigerator is available on site.

**What is the policy for missed classes? Are there any make-up classes available?**

To receive the certification all classes must be attended. Make up classes can be arranged directly with Larry Payne.

**Is internet access a requirement for this program?**

Yes, the students will need to have access to a computer with internet connection for the online portion of the course and for downloading materials. Access to the computer during the intensive portion of the training is not necessary.

**Are there any accommodations recommended?**

For those who might like to stay over in the area during the program weekends, we have a special arrangement with the [Doubletree-Hilton Princeton](http://princetonyoga.com/about-us/accommodations/). More information here

<http://princetonyoga.com/about-us/accommodations/>

**Can I use the name Prime of Life Yoga when I am teaching?**

Graduates of the Prime of Life Yoga program can only use the name if they are RYT-200 from the Yoga Alliance and it is not used at a yoga studio. Yoga studios need to be licensed to use the name.